



## Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Prevention of Pregnancy in Adolescents 12-17 Years](#)

Released: May 2016 (updated July 2016)

### **Updated recommendations:**

#### Assessment for risk of pregnancy

Ask, at least annually, in a way that establishes trust:

Introduce and discuss [My Reproductive Life Plan](#)

Assist patients in preventing pregnancy by:

Discussing abstinence, long-acting reversible contraceptives (e.g. IUD, implantable progestins) as a highly effective strategy for preventing unintended rapid repeat pregnancy, condom use, and other birth control methods.

#### Interventions to prevent pregnancy

Arrange

Ensure follow up that protects the adolescent's privacy and confidentiality. Obtain confidential phone number or other contact information from adolescent. Note: Loss of confidentiality may occur through the billing process.