



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Screening, Diagnosis and Referral for Substance Use Disorders](#)

Released: August 2017

This alert provides a brief summary of updated recommendations. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

Screening for Substance Use Disorder and Risky Substance Use

Maintain high index of concern for substance use in persons with:

- Family history of substance use disorder
- Recent stressful life events and lack of social supports
- Chronic pain or illness; history of trauma or adverse childhood experiences
- Mental illness (e.g., depression, bipolar disorder, anxiety)
- Drug seeking behaviors
- Physical and cognitive disabilities
- Started alcohol use before age 15
- Medical condition associated with substance use

For at risk patients, obtain a Prescription Drug Monitoring Program, e.g., MAPS, report and urine drug screen.

Patients with Substance Use Disorder or Risky Substance Use

Patient Education and Brief Intervention by PCP or Trained Staff (e.g., RN, MSW)

If diagnosed with substance use disorder or risky substance use, initiate an intervention within 14 days.

Referral (for high risk behavior, or symptoms)

Decision to refer should take into account: PCP comfort treating substance use disorder, patient willingness to be referred, availability and coverage.