



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Screening, Diagnosis and Referral for Substance Use Disorders](#)

Released: August 2019

This alert provides a summary of only the recommendations which were updated. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

Eligible Population

Adolescents and adults, including pregnant patients and older adults

Screening for Substance Use Disorder and Risky Substance Use

- Screen for alcohol use at every health maintenance exam and initial pregnancy visit (repeat as indicated).
- If at risk, screen by history for substance use at every health maintenance exam or initial pregnancy visits, using a validated screening tool:
Adults: [AUDIT-C](#) [DAST-10](#)
Adolescents: [CRAFFT](#)
Pregnancy Women: [TWEAK](#)
- If positive for one substance, screen for past/present substance misuse of others including prescription or over-the-counter medications.
- For high risk patients, use a Prescription Drug Monitoring Program, e.g., [MAPS](#), and consider a urine drug screen.

Eligible Population

Patients with Substance Use Disorder or Risky Substance Use

Patient Education and Brief Intervention by PCP or Trained Staff (e.g., RN, MSW)

- Express concern, advise the patient to cut back on usage or quit, using motivational interviewing techniques. Use respectful and non-judgmental language.
- Create an action plan identifying patient strengths and supports, preferably involve family and friends. See [MQIC opioid guideline](#).

Treatment and Referral

- If moderate to severe SUD and no contraindications, consider initiating [Medication Assisted Treatment](#) (MAT), with counseling.
- Consider referral to community-based services (e.g., AA, NA). Online or app-based self-management support programs are also available.